

Rising stars of flavors for sports nutrition influenced by East Asia



YOUR NEW FLAVOR F

We have divided the flavor trends into four categories:



Growing





SALTED EGG CUSTARD



Salted egg custard buns (also known as Liu Sha Bao) are a classic Chinese dessert. They combine traditional fluffy bao buns with an indulgent sweet & salty egg custard filling.



Humans are hard wired to crave salty and sweet combinations meaning salted egg custard could be a perfect, novel twist to salted caramel!

NEWS & SOCIAL MEDIA

"Our 2022 Flavor of the Year work uncovered the rising trend of culinary tourism and found the perfect embodiment of the trend in salted egg yolk" - Andrea Ramirez, consumer and

customer market insight manager for Torani



DXLGNA BISCUITS

In Korean, Dalgona means 'sweet' and refers to a simple honeycomb biscuit. These biscuits are commonplace at children's parties in South Korea where partygoers attempt to carve a shape out of the thin, brittle biscuit without breaking it.

The Dalgona Biscuit challenge featured as part of the hit Netflix show, Squid Game, which introduced them to a global audience and sparked a spike in Google search interest amongst people looking for recipes!

IN MARKET PRODUCTS

Crispy Dalgona Pieces (South Korea)





Dalgona Flavored Milk (South Korea)

www.synergytaste.com/flavorsofthefuture

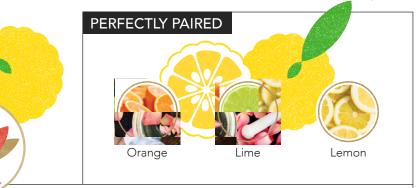






YUZU

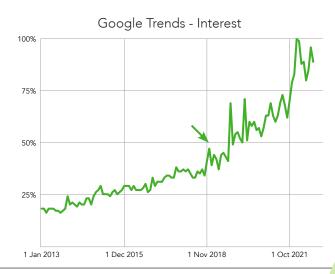
Yuzu's popularity has stemmed from the growing consumer desire for alternative citrus, enjoying the fruits recognisable citrus flavour but with a floral twist!



GLOBAL LAUNCHES

Global launches have increased significantly since we highlighted yuzu as part of Flavors of the Future 1 in December of 2018 (indicated)





LYCHEE

Although 90% of lychee product launches are still found in Asia Pacific regions, European and American consumers are certainly no strangers to lychees! Its unique floral flavour makes it an intriguing offering for consumers, particularly when paired with other flavours.

DEMOGRAPHICS ON SOCIAL

90

80

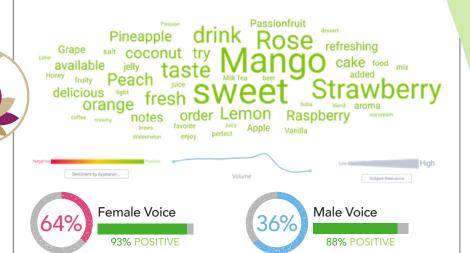
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Get the full lowdown on our flavor trends for sports nutrition influenced by East Asia.

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